



WINTER

2023-24

Activity Brochure



Come and Join the Fun

Madison Community Center
Parks & Recreation

www.madisoncommunitycenter.com

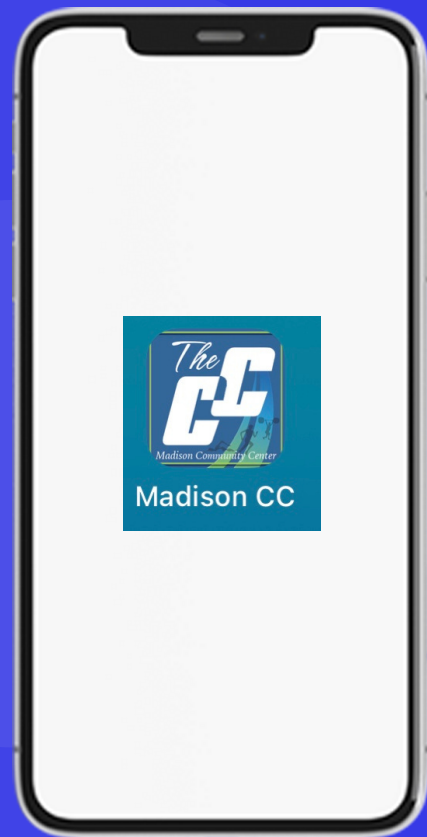
Download Our New App Today!

App Instructions:

- Must download new CC App (delete old app)
- Create a new account
- Must use email registered to your membership
- When registering dependents, you must use the primary account holders log in
- Select participant



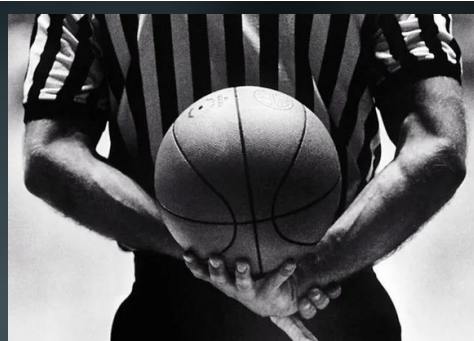
Use this QR code to download



Now Available

- Member Check-In
- Class Registration
- Program Registration

Ask a CC Employee for Assistance!



**MADISON
COMMUNITY CENTER**
500 11TH STREET NE
MADISON, SD 57042
(605) 256-5837

**NOW HIRING!
APPLY AT THE CC**

BASKETBALL REFEREES

YOUTH BASKETBALL LEAGUE
TUESDAY & THURSDAY EVENINGS
JANUARY/FEBRUARY



PLEASE CONSIDER A
MONETARY DONATION
TO SUPPORT YOUR

*Madison
Community Center*

EQUIPMENT & FACILITY
UPGRADES

**Your generosity is
important & appreciated**

500 NE 11th Street Madison, SD 57042
Phone: (605) 256-5837



DAILY ADMISSIONS, CHILDCARE, BIRTHDAYS AND LOCKER RENTAL



DAILY RATES		WITH MEMBER	
Family	\$18	\$16	Guests of members receive a \$2 discount on family, adult, or senior daily admission rates. Members must be present with their guest or call the front desk.
Adult (19+)	\$8	\$6	
Seniors (65+)	\$6	\$4	
Youth (13-18)	\$6	\$6	
Child (3-12)	\$4	\$4	

Drop in class fees: \$7.00 for members and \$15.00 for non-members, which includes daily admission.

PUNCH CARDS - GUESTS	
Daily Visitor - 10 day visits to use entire facility	\$60
10 Visits to All Access	\$100

* Gift Certificates can be purchased at Community Center front desk with a minimum of \$10. All gift certificates expire a year from purchased date.

LOCKER RENTAL

Lockers are available for daily use at no cost. This is on a first come, first serve basis.

- Short lockers = \$72.00
- Long lockers = \$96.00

Lockers are available for rent at the front desk. Use of lockers is at your own risk. The Center accepts no responsibility for lost or stolen items. All lockers will be pro-rated to January 1st. Please leave valuables at home, or for your security, bring a lock to secure valuables during daily use of lockers.

CHILD CARE HOURS

Quality daycare for children ages 3 months to 10 years are welcome. Daycare closes at noon and 7:00 p.m. if no one is using it.

Mon. - Thurs.	9 a.m. - 1 p.m. & 5 p.m. - 8 p.m.
Friday	9:00 a.m. - 1:00 p.m.
Saturday	8:00 a.m. - 11:00 a.m.

Childcare Fees: Base Member

- \$5.00 for up to 2 hours per child
- Childcare Included in All Access Membership

CC WELLNESS STUDIO
115 W Center Street | 2nd Floor at City Hall

**WORKOUT ON YOUR TIME...
DAY or NIGHT with
SELF-ACCESS!**

**\$20.00 PER YEAR
with CC MEMBERSHIP**

CELEBRATE YOUR BIRTHDAY AT The Community Center

The Community Center has everything you need for a GREAT birthday party. Swim in the pool, shoot down the waterslide, or play with scooters and hula-hoops in the gym. Room rental includes facility access for all guests, room, table and chairs. Outside food and beverage is allowed.

	Small Party Room Max 20 People	Large Party Room Max 40 People
Member	\$30 per hour	\$50 per hour
Non-Member	\$40 per hour	\$60 per hour

Two hour minimum. Schedule your party by calling the front desk at (605)-256-5837.



MEMBERSHIP PACKAGES

BASE MEMBERSHIP				ALL ACCESS CLASS PASS		
MEMBERSHIP PACKAGES	ANNUAL PAID IN FULL	ANNUAL MONTHLY BANK DRAFT	MONTH TO MONTH	ANNUAL PAID IN FULL	ANNUAL MONTHLY BANK DRAFT	MONTH TO MONTH
FAMILY	\$650.00	\$59.00	\$74.00	\$950.00	\$84.00	\$99.00
ADULT PLUS ONE	\$545.00	\$50.00	\$65.00	\$795.00	\$71.00	\$86.00
SENIOR PLUS ONE	\$485.00	\$45.00	\$60.00	\$585.00	\$54.00	\$69.00
ADULT (19-64)	\$375.00	\$36.00	\$51.00	\$550.00	\$51.00	\$66.00
SENIOR (65+)	\$285.00	\$29.00	\$44.00	\$340.00	\$33.00	\$48.00
YOUTH (3-18)	\$200.00	\$22.00	\$37.00	\$295.00	\$30.00	\$45.00
WALKING	\$180.00	\$20.00	\$35.00	\$175.00 for Individual Upgrade		
DSU STUDENT CLASS PASS \$50.00 PER SEMESTER				SENIOR CLASS PASS		
Must have active classes equaling to 6 or more credits to qualify.				\$313.00	\$31.00	\$46.00
				Includes: Water Aerobics, Water Arthritic Exercise, Active & Ageless, Morning Mix, Circuit 30		

MEMBERSHIP PLANS

Base Membership - Provides access to the Community Center: Aerobic Studio, Cycle Studio, Fitness Area, Gymnasium, Hot Tub, Kickboxing Room, Pool, Racquet Ball Court, Sauna and Track

All Access Class Pass - Includes all benefits of Base Membership, Active and Ageless, Boga, Circuit 30, Cross Edge Training, Cycle Classes, Dance Physique, Group Water Exercise Classes, Kickboxing, Morning Mix, Step Aerobics, Yoga, Daycare and 4 Guest Passes per year. Receive a 10% discount on After School Program (ASP).

Senior Class Pass - Includes all benefits of Base Membership, Active & Ageless, Circuit 30, Morning Mix, and Group Water Exercise Classes.

MEMBERSHIP PAYMENT OPTIONS

(All prices include tax)

Annual Bank Draft - Pay through automatic debit on 2nd or 15th of each month. After twelve month contract, membership will automatically renew. Prorated first month of membership fee will be collected at time of application and agreement submittal. Starting the next full month, listed annual monthly fee will be automatically debited on your preference date of the 2nd or 15th of each month. Initiation fee is included in monthly fee.

Annual Pay-in-Full - Pay by credit card, check, cash.

Month to Month - Pay in one lump sum for desired months. Allows cancellation at any time. An initiation fee of \$25.00 is charged during sign-up or reactivation.

MEMBERSHIP DISCOUNTS

Corporate - Employees of several Madison and area corporations have a discount to the Community Center. Check with your HR office for corporate discount rates!

Military and First Responders - Eligible to receive a 20% discount on annual memberships.

Surrounding Area - Members living within Zip Codes 57017 (Colman), 57349 (Howard), 57051 (Oldham), 57212 (Arlington), 57058 (Salem), 57018 (Colton), or any zip code outside of Lake County are eligible to receive a 15% discount on annual memberships.

Reduced Rate Application - Financial assistance and fee reduction is available to households who apply and meet eligibility requirements. Membership assistance forms are available at the Community Center or Social Services office.

CANCELLATION POLICY

Pay-in-Full memberships are nonrefundable unless a person isn't able to continue by reason of death or permanent disability. Annual monthly debit may break their contract due to moving, but must pay a \$100 early cancellation fee. Cancellation requests must be received by the 25th of the month to be effective for the start of the next month.

MISSION STATEMENT

To serve the health, wellness, recreational and social needs of DSU, the residents of Madison and the surrounding area.

**FREE
EVENT!**



*The Community Center
Presents*

MADISON'S MAGICAL POOL

SATURDAY, DECEMBER 2 | 1:00PM - 4:00PM

**HAPPY
Holidays**

After a morning of seeing
Santa, the Community
Center pool will be open to
the public for
FREE swimming!



CORPORATE BUSINESS OPPORTUNITIES

- Corporate Membership (Annual Memberships Only)
 - Tier One (15%) Employee Discount on their membership (10 or more paid employee annual memberships)
 - Tier Two (10%) Employee Discount on their membership (5-9 paid employee annual memberships)
- Corporate Sponsorships
(Contact the CC Director for more info.)
 - Title Level Sponsorship Benefits
 - Community Level Sponsorship Benefits
 - Special Event Sponsorships (Available upon request)



THE
COMMUNITY
CENTER



INVITES YOU TO A "HOME ALONE"

GINGERBREAD HOUSE DECORATING

(ALL SUPPLIES AND DECORATIONS WILL BE PROVIDED)

"GUYS! I'M EATING JUNK AND
WATCHING RUBBISH. YOU BETTER
COME OUT AND STOP ME!"

DECEMBER 9 | 4:00- 8:00PM

FEE: \$5 - PER HOUSE

AFTER DECORATING YOUR HOUSE, JOIN
US IN WATCHING HOME ALONE!

"THIS IS MY HOUSE, I
HAVE TO DEFEND IT."
-KEVIN "I MADE MY FAMILY
DISAPPEAR."
-KEVIN

REGISTER TODAY!
PHONE (605) 256 - 5837
IN PERSON AT THE CC
ON THE CC APP



SPECIAL EVENTS



No one should be alone on Christmas....



COME TO OUR

GRINCHMAS!

Movie in the Pool!

\$10 admission
\$5 with a donation of 2 canned goods



DECEMBER 28TH | 2:00 PM
Community Center Pool



\$5 Per Person



Holiday Dodgeball Tournament

Wednesday
December 27th
2:00 - 4:00 pm
Call the CC to Register
(605) 256-5837



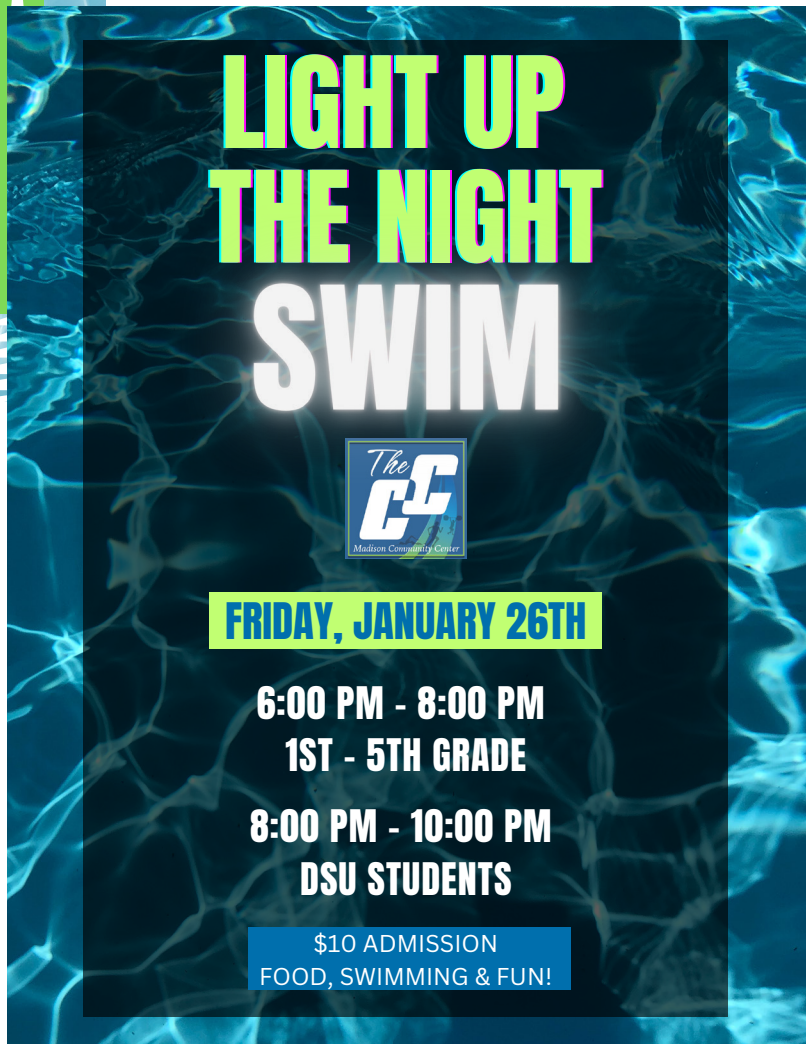
FAMILY FUN NIGHT

THURSDAY, FEBRUARY 8TH
5:00 PM - 8:00 PM


FREE EVENT!

10% OFF NEW FAMILY MEMBERSHIP

CC DOUBLE GYM



LIGHT UP THE NIGHT SWIM



FRIDAY, JANUARY 26TH

6:00 PM - 8:00 PM
1ST - 5TH GRADE

8:00 PM - 10:00 PM
DSU STUDENTS

\$10 ADMISSION
FOOD, SWIMMING & FUN!

FITNESS EVENTS



COMMIT TO GET FIT

WEEKLY CHALLENGES MAKE
LOSING WEIGHT FUN!

- SWIM TO SUCCESS!
- GO TO CLASSES!
- PUSH YOURSELF THROUGH!
- STAIRMASTER CHALLENGE!
- BURPEE TIME!
- ROW & SKI ERG!
- LAPS ON LAND!
- BIKE CHALLENGE!

**JAN. 8TH -
MAR. 17TH**

605-256-5837
jordan.peirce@cityofmadisonsd.com

WAYS TO INCREASE YOUR STEP COUNT IN THE WINTER

- Walk on the indoor track at the Community Center
- Lean into keeping your house clean.
- Use the internet to your advantage
- Pace like you're worried.
- Walk to Scooters.
- Take a trip to the mall.
- Say "not today" to elevators and escalators.
- Shovel your driveway (and help a neighbor)
- Try snowshoeing this year.
- Hit the gym on your lunch break

POP-UP PiYO™

ALL FITNESS
LEVELS
WELCOME



CHECK OUR SOCIAL MEDIA AND
CC APP FOR CLASS DATES AND TIMES!

PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility benefits of yoga. It's a true fat-burning, low-impact program that'll get you incredibly defined.



YOUTH RECREATION PROGRAMS

REGISTRATION

The Community Center offers walk-in registration, call-in registration and CC App registration.

MADISON CC APP

Check out our new Madison CC App. You are able to register for classes, pay for classes, see schedules, register for all rec activities. QR code works with both Apple and Android.



CC YOUTH REVERSIBLE JERSEYS

Purchase your reversible blue/white jersey at the front desk for \$10.

TANG SOO DO

Must be at least 7 years old. Tang Soo Do is the parent style to Taekwondo. It balances it's strike between hands and feet, and focuses more on close quarter fighting and self defense. Uniform fee of \$30.00. Promotion ceremony every 3 months

PRG CODE	DATE	AGE	DAYS	FEE	TIME	LOC
TSD	MONTHLY	At least 7 YO	M/TH	\$75	4:30-5:30 pm (M) 5:30-5:30 pm (M) 4:00-5:00 pm (TH)	AS

YOUTH BASKETBALL JK-6TH GRADE

Youth will learn the fundamentals of ball handling, shooting and passing while having fun playing skill development games. JK-6th will run for 4 weeks. JK-K: 3:30pm - 4:00pm, 1st-2nd: 4:15 pm - 4:45pm, 3rd-4th: 5:00 pm - 5:30pm, 5th-6th: 5:45pm - 6:15pm.

PRG CODE	DATE	DAYS	TIME	CLASS	COST	LOC.
YBB	1/9 - 2/1	T/Th	3:30 pm - 6:15 pm	K-6th	\$35 Memb. \$40 Non	CC

YOUTH BASKETBALL LEAGUE BOYS AND GIRLS | 3RD - 6TH GRADE

Established or new traveling teams for boys and girls in grades 3-6 will have the opportunity to play a 5 week league. Each team will play one game per night. This is a great way to keep the team together in a competitive environment between tournaments. Surrounding communities are also invited. This league is for team registration only. The league is limited to 4 total teams per division.

Registration cost includes on hour court rental for team practice at the Madison Community Center or Madison City Armory.

Girls: Tuesdays, January 9th - February 6th
Boys: Thursdays, January 11th - February 8th
Divisions: 3rd, 4th, 5th, 6th grade
Times: 5:30 pm, 6:30 pm, 7:30 pm, 8:30 pm

YOUTH VOLLEYBALL JK-6TH GRADE

Youth will learn the fundamentals of passing, setting and serving while having fun playing skill development games. JK - 6th will run for 4 weeks. JK-K: 3:30pm - 4:00pm, 1st-2nd: 4:15 pm - 4:45pm, 3rd-4th: 5:00 pm - 5:30pm, 5th-6th: 5:45pm - 6:15pm.

PRG CODE	DATE	DAY	TIME	CLASS	COST	LOC.
YVB	2/13-3/7	T/Th	3:30 pm - 6:15 pm	JK-6th	\$35 Memb. \$40 Non	CC

YOUTH INDOOR SOCCER BASICS JK-6TH GRADE

Youth will learn the fundamentals of passing, dribbling and scoring while having fun playing skill development games. JK-6th grade will run for 4 weeks. JK-K: 3:30pm - 4:00pm, 1st-2nd: 4:15 pm - 4:45pm, 3rd-4th: 5:00 pm - 5:30pm, 5th-6th: 5:45pm - 6:15pm.

PRG CODE	DATE	DAY	TIME	CLASS	COST	LOC.
YIS	3/19-4/11	T/Th	3:30 pm - 6:15 pm	JK-6th	\$35 Memb. \$40 Non	CC

PRE-SCHOOL PLAY GROUP

Birth to 5 years old join us on Wednesday mornings, with a guardian, from 9:00-10:00 am. Make connections with other families while learning through structured and unstructured play opportunities. Free with daily admission.

DATE	DAY	TIME	LOCATION
1/08 - 3/27	WEDNESDAY	9:00 - 10:00 am	CC

MADISON CC YOUTH BASKETBALL LEAGUE

TEAMS:
Girls 3rd - 6th Grade / Boys 3rd - 6th Grade

GAME SCHEDULE:
Girls: Tuesday Evenings January 9th - February 6th
Boys: Thursday Evenings January 11th - February 8th

COST:
\$200 / Team
Includes: 1 reffed game & 1 hour of court rental per week

LOCATION:
Madison Community Center (605) 256 - 5837

**FOR MORE INFO, CONTACT SAMANTHA TIGHE
SAMANTHA.TIGHE@CITYOFMADISONSD.COM**

FITNESS SERVICES & PERSONAL TRAINING



FITNESS SERVICES

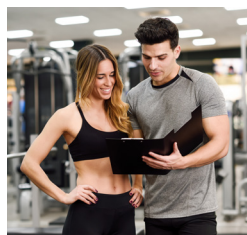
To schedule an appointment call the fitness coordinator at 605.256.7546.

Fitness Consultation

Fitness/Health Assessments, Goal Settings Strategies. Available to base and premium memberships.

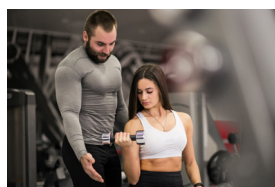
Fitness Evaluation

Fitness staff will determine your blood pressure, girth measurements, body composition, cardiovascular endurance, muscular strength and flexibility. Available to base and premium memberships.



Equipment Orientation

Demonstration of all selectorized machines and cardio machines to show proper use and equipment adjustment. Available to base and training memberships.



BULLDOGS IN TRAINING

Do you have a young athlete aged 11 - 15 that is interested in learning more about lifting? Bulldogs in Training will focus on the fundamentals of lifting, how to properly warm up and cool down from a workout, as well as give you the tools to make your own workout moving forward.

This 4-week program will start on January 16th and will be divided into a 3:30 - 4:15 and 4:30 - 5:15 session on Tuesdays and Thursdays. If you have any questions or would like to sign up, please email me at jordan.peirce@cityofmadisonsd.com.

PERSONAL TRAINING

Personal training packages are available for members who are training with their preferred trainer on their desired days and times. Training packages are available in 30 or 60 minute training sessions, and can be done 1-1, 2 on 1, or small group with a Fitness Mentor or Master Trainer.



FITNESS MENTOR

Fitness Mentors are currently pursuing a college degree in an Exercise Science related field. These individuals are properly trained to safely and effectively administer pre-designed workouts. A fitness mentor will take you through a generic full-body workout and keep you on the right track. Mentors are great for members starting their workout routine!

	1 HOUR	1/2 HOUR	2 ON 1-HOUR
PER SESSION	\$22.50	\$16.00	\$15.75/person
10 SESSIONS	\$205.00	\$145.00	\$142.50/person
20 SESSIONS	\$360.00	\$255.00	\$250.00/person

Note: DSU Students receive a 10% discount

MASTER TRAINER

Take your training to a higher level. Are you ready? Master Trainers hold an Exercise Science related degree and a nationally recognized certification in the fitness industry. Master trainers have multiple years of experience and knowledge. Master trainers help you decrease body fat, increase energy, build muscle strength, improve your fitness level and manage injury. Current Master Trainers: Derek Lund and Jordan Peirce.

	1 HOUR	1/2 HOUR	2 ON 1-HOUR
PER SESSION	\$32.50	\$25.00	\$19/person
10 SESSIONS	\$295.00	\$222.00	\$170/person
20 SESSIONS	\$520.00	\$390.00	\$310/person



**BECOME THE
ATHLETE YOU
WERE MEANT
TO BE**



**OVERDRIVE
SPORTS
PERFORMANCE**

JOIN US

Monday's &
Wednesday's
3:30 - 4:30

8 WEEKS
\$ 150.00



NOW AVAILABLE AT
THE MADISON CC

CONTACT
**JORDAN
PEIRCE**

JORDAN.PEIRCE@CITYOFMADISONSD.COM





GROUP TRAINING AND EXERCISE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:05-5:45 am	CrossEdge AM (MPG)	CrossEdge AM (MPG)		CrossEdge AM (MPG)		
5:30-6:15 am		Morning Mix		Morning Mix		
5:45-6:45 am	CrossEdge (MPG)	CrossEdge (MPG)	Ride or Die	CrossEdge (MPG)	CrossEdge (MPG) Power Cycle (SS)	
6:00-6:30 am	Circuit 30 (AS)	Circuit 30 (AS)	Circuit 30 (AS)	Circuit 30 (AS)	Circuit 30 (AS)	Circuit 30 (AS)
7:00-8:00 am	CrossEdgeX (MPG)	CrossEdgeX (MPG)		CrossEdgeX (MPG)		
8:15-9:15 am						CrossEdge (MPG) Power Cycle (SS)
8:30-9:30 am	Water Exercise (P)		Water Exercise (P)		Water Exercise (P)	
8:45-9:30 am	Active & Ageless (AS)		Active & Ageless (AS)		Active & Ageless (AS)	
9:00-10:00 am		P90X (AS)		P90X (AS)		
9:30-10:30 am	Water Exercise (P)		Water Exercise (P)		Water Exercise (P)	
10:30-11:30 am	Arthritic Exercise (P)		Arthritic Exercise (P)		Arthritic Exercise (P)	
12:15-12:50 pm						
1:00 -2:00 pm						
5:00-6:00 pm	Water Aerobics (P)	WaterAerobics (P)	WaterAerobics (P)	WaterAerobics (P)		
5:15-6:15 pm		Stretch & Roll (MPG)				
5:30-6:30 pm			Step Aerobics (AS)	Cardio Kickboxing (KS)		
6:15-7:15 pm	CrossEdge (MPG)	CrossEdge (MPG)		CrossEdge (MPG)		
6:30-7:15 pm		Dance Physique (AS)		Dance Physique (AS)	Dance Physique (AS)	

KEY	AS = Aerobics Studio	KS = Kickboxing Studio	MPG = Multi Purpose Gym	P = Pool	SS = Spin Studio
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ACTIVE AND AGELESS (Walk-In) MWF 8:45 am-9:30 am
Lower your blood pressure, improve posture, and prevent osteoporosis by strengthening your bones and joints. This class combines cardiovascular exercise, muscle toning, and stretching in a lively 45-minute format to your favorite tunes.

CARDIO KICKBOXING (Th) 5:30 pm-6:15 pm
Cost: Premium Membership – Included This class will help improve your coordination, agility, speed, flexibility, and overall health. Learn effective and proper techniques to punch and kick utilizing punching bags, speed bags, speed ropes, and much more.

CIRCUIT 30 (Walk-In) (M,W) 6:00 am-6:30 am
Classes are 30 minute training classes combining strength and cardio exercises. Class maximizes your time as staff leads you through 45 second workout stations, plus cardio.

CrossEdge Fitness (M-S) Array of times
This extreme workout will push you to the edge, while exercising as a team. Classes feature a variety of cross training workouts including ropes, weight sleds, tire flips, etc. These workouts are designed to help improve your overall health and fitness while creating lasting relationships in your group class.

CYCLE CLASSES:
Ride or Die (W) 5:45-6:15 am Power Cycle (F) 5:45-6:15 am
Cost: Premium Membership - Included
These two class options will be sure to work your whole body with a fun combination of cycling and off the bike strength exercises. Challenge yourself with these low impact cycle workouts that put an emphasis on speed, tempo, and timing. Ramp up your heart rate and break sweat in these two classes!

STEP AEROBICS (W) 5:30 pm-6:30 pm
This is a fun intense class that utilizes our risers to create an exciting and unique calorie burn. Members will have fun going up and down, challenging themselves with their creative style of body sculpting.

DANCE PHYSIQUE (T,TH,F) 6:30 pm-7:15 pm
A Latin inspired group fitness class combining high energy and motivating music with unique moves and combinations. The routine features aerobic interval training by combining fast and slow rhythms toning and sculpting the body.

STRETCH & ROLL (T) 5:15 pm-6:15 pm
Stretch & Roll is designated to stretching muscles, which can enhance flexibility, range of motion and posture. This also includes warm-up exercises to prevent injury and increase mobility.

GENERAL INFORMATION



REGISTRATION

The Community Center offers walk-in registration, call-in registration and CC App registration.

MADISON CC APP

Check out our new Madison CC App. You are able to register for classes, pay for classes, see schedules, register for all rec activities. QR code works with both Apple and Android.



Madison CC
Club Automation, LLC



FINANCIAL ASSISTANCE

Financial assistance applications available at the Community Center and Social Services. Approved households receive:

- 20-80% reduced members at the Community Center
- Madison Aquatic Center season swim pass \$50 for family, \$25 individual
- 50% reduced rate on youth recreation programs
- Group Swim Lessons \$5

WITHDRAWAL POLICY

Withdrawal requests before the start of the third class will be eligible for a monetary refund, gift certificate, or transfer to another program. Monetary refunds are subject to a \$5 processing fee. Withdraw requests after the third class or once the program has concluded (regardless of participation) will not be eligible for a refund.

PHOTO/VIDEO POLICY

The Community Center takes photographs and/or video footage of people enjoying our programs, events, parks and facilities. These photographs/video footage are used for Parks & Recreation, Community Center and Dakota State University publication, such as this brochure, web page, flyers, etc. Photographs/video footage is used at the discretion of and becomes the sole property of The Community Center, Dakota State University and Madison Parks & Recreation.

GROUP WATER EXERCISE

WATER EXERCISE CLASS

(M,W,F) 8:30 am-9:30 am, & 9:30 am-10:30 am,

This class is designed to be simple, easy to follow, yet demanding. It will help tone every major muscle and get your heart rate going! We will improve your range of motion for your hips, knees, ankles, and shoulders. Class is held in the 4-ft section of the pool, no swimming skills are required.

ARTHRITIC WATER PROGRAM

(M,W,F) 10:30 am-11:30 am

This class is designed for people suffering from stiff joints, arthritis, and other joint disease. The Arthritic Program is a class that works on joint flexibility and range of motion at participants own pace.

BOGA WATER BOARDS

By reservation only.

Please call Aquatics Coordinator for details 605-256-7548

BOGA provides a creative workout that challenges, stability, balance, and coordination. It will challenge the most fit individuals but the scalability of the class makes it the perfect fitness program for all levels, regardless of experience.

EVENING WATER AEROBICS (M-TH) 5:00 pm-6:00 pm

This workout provides a low impact, high-energy challenge for participants of all ages, skill and fitness levels. So, jump in and join the splash workout that tightens and tones entire body.





COMMUNITY CENTER POOL SCHEDULE

LAP SWIM/WATER WALKING TIMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 am - 8:30 am 11:30 am - 4:00 pm	5:30 am - 4:00 pm	5:30 am - 8:30 am 11:30 am - 4:00 pm	5:30 am - 4:00 pm	5:30 am - 8:30 am 11:30 am - 4:00 pm	8:00 am - 1:00 pm	11:00 am - 1:00 pm

SWIM AT YOUR OWN RISK (there is no lifeguard on duty). Participants must sign an acknowledgement waiver that is available at the front desk. The times above are for all 6 lanes. Lap swimmers may also swim during open swim with the assistance of lifeguards for lane lines. Lap swim times are for exercise only and participants must be at least 18 years old. If not 18 years old a waiver must be signed by parent.

OPEN SWIM TIMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:00 pm - 8:00 pm	4:00 pm - 8:00 pm	4:00 pm - 8:00 pm	4:00 pm - 8:00 pm	4:00 pm - 7:30 pm	1:00 pm - 6:00 pm	1:00 pm - 5:00 pm

Lifejackets are allowed in the pool area. Children in lifejackets must have a caregiver with them at all times. Lifejackets are not allowed on the diving boards or on the slide. Children ages 3 and younger must have a guardian (over age 14) in the water with them at all times. Children ages 4 and 5 must have a guardian in the aquatic area at all times. ***NOTE:** On swimming lesson days, there will be **NO** open swim from 3:30 pm-6:00 pm. A 15 minute safety break is taken at the following times: 5:45 pm on Monday-Friday, 3:30 pm on Saturday and Sunday



MOVEMENT
is
MEDICINE

AMERICAN RED CROSS SWIMMING LESSON DESCRIPTION



PARENT TOT (6 to 36 months) – Little swimmers and parents will learn water adjustments techniques, become comfortable getting wet, swimming on front and back with support, breath control, and changing directions, personal safety, and water exit skills. Both parents and infants/toddlers are in the water.



PRESCHOOL LESSONS (Ages 3-5) – Familiarize children to the aquatic environment and help them acquire, then build upon basic aquatic skills with logical progression. Once participant reaches age 5, they can advance to level 1 or continue progression in Preschool.



LEVEL 1 (Must be age 5) – Students become acquainted with the water and aquatic environment while gaining basic aquatic skill. To progress child must be able to fully submerge head, glide on front at least 2 body lengths then roll to back and float for 5 seconds.



LEVEL 2 - Students build on Level 1 skills and are introduced to lead-up strokes: Swimming on front and back for 5 body lengths. To progress child must be able to swim using combined arm and leg action & float for 15 seconds independently.



LEVEL 3 - Students achieve basic water competency in a pool environment. To progress child must be comfortable jumping into deep water, maintain position by treading or floating for 1 minute then swim across the entire length of the pool (25 yards)



LEVEL 4 - Students work to improve their proficiency in performing the swimming strokes that were introduced in Level 3. To progress child must swim front crawl and elementary backstroke for 25 yards; swim breaststroke and back crawl for 15 yards, and swim 3 to 5 body lengths while fully submerged under water.



LEVEL 5 - Students begin to refine their performance of all 6 swimming strokes. To progress child must be able to perform a shallow dive; swim front crawl and elementary backstroke for 50 yards; swim breaststroke and back crawl for 25 yards with appropriate turning styles.



LEVEL 6 - Swimmers focus on perfecting strokes and increasing endurance with open and flip turns. Students also learn advanced skills in personal water safety, fundamentals of diving, and fitness swimming.



PRIVATE LESSONS - Private swim lessons are great resources for swimmers who are self-paced learners or for families with busy schedules. The Community Center offers 1-on-1 instruction with personalized plans to meet the swimmers goals. We have experienced swim instructors who work with a variety of ages and skill levels. Private lessons are open to both members and non-members, please contact Aquatics Coordinator for private swimming lessons (605-256-7548)

\$50.00 - MEMBERS & NON MEMBERS \$5.00 - REDUCED RATE \$75.00 - ADULT PRIVATE LESSONS \$75.00 - CHILD PRIVATE LESSON	WINTER SWIMMING LESSONS	CLASSES HELD ON TUESDAYS AND THURSDAYS
	SESSION I November 28 th - December 14 th SIGN UP STARTS 11/13/2023	SESSION 2 February 6 th - 22 nd SIGN UP STARTS 01/22/24
Parent-Tot (3-36 months)	4:15 pm - 5:00 pm	4:15 pm - 5:00 pm
PRESCHOOL (3-5 YEARS)	5:15 pm - 6:00 pm	5:15 pm - 6:00 pm
LEVEL 1	4:15 pm - 5:00 pm	4:15 pm - 5:00 pm
LEVEL 2	5:15 pm - 6:00 pm	5:15 pm - 6:00 pm
LEVEL3	4:15 pm - 5:00 pm	4:15 pm - 5:00 pm
LEVEL 4	5:15 pm - 6:00 pm	5:15 pm - 6:00 pm
LEVEL 5	4:15 pm - 5:00 pm	4:15 pm - 5:00 pm
LEVEL 6	5:15 pm - 6:00 pm	5:15 pm - 6:00 pm

DICK WIEDENMAN SWIM LESSON ENDOWMENT

Households approved for a reduced rate will pay \$5 per participant thanks to the Dick Wiedenman Swim Lesson Endowment.
 •Reduced rate applications are available at the Community Center and Social Services.



ADULT RECREATION PROGRAMS AND DSU INTRAMURALS

REGISTRATION: PAGE 6

Adult Recreation will run separately from DSU Intramurals if there are enough teams.

WOMEN'S 6 vs 6 VOLLEYBALL

The league will run 6 regular season weeks with 2 weeks of playoffs to follow. Games will be played at the Madison City Armory. No games on January 15th or February 19th. March 18th is reserved for storm make-up.

DATE	DAY	TIME	COST	LOC.
1/08 - 3/11	M	6:30 pm - 9:30 pm	\$150 per team	Madison City Armory

ADULT INDOOR SOCCER

A fun way to get out and play some soccer. The league will run 6 regular season weeks with 2 weeks of playoffs to follow. Games will be played at the Madison Community Center. No games on January 15th or February 19th. March 18th is reserved for storm make up.

DATE	DAY	TIME	COST	LOC.
1/08 - 3/11	M	6:30 pm - 9:30 pm	\$150 per team	CC

MEN'S 6 vs 6 VOLLEYBALL

The league will run 6 regular season weeks with 2 weeks of playoffs to follow. Games will be played at the Madison City Armory. March 6th is reserved for storm make up.

DATE	DAY	TIME	COST	LOC.
1/10 - 2/28	W	6:30 pm - 9:30 pm	\$150 per team	Madison City Armory

PICKLEBALL

Hone your skills or learn how to play on Wednesday nights. The court will be open play to adults only from 6:00 pm - 8:00 pm. Equipment is provided or you can bring your own. No need to register.

DATE	DAY	TIME	COST	LOC.
1/10 - 5/29	W	6:00 p.m. - 8:00 p.m.	FREE with daily admission	CC MPG

MEN'S 5 vs 5 BASKETBALL

Get your team ready for some basketball. The league will run 6 regular season weeks with 2 weeks of playoffs to follow. Games will be played at the Madison City Armory. March 7th is reserved for storm make up.

DATE	DAY	TIME	COST	LOC.
1/11 - 2/29	TH	6:30 pm - 9:30 pm	\$150 per team	Madison City Armory

BROOMBALL

Outdoor fun for the whole family. Broomball equipment will be available on Tuesday evenings from 4:00 pm - 6:00 pm at Memorial Park.

DATE	DAY	TIME	COST	LOC.
12/05 - 2/28	T	4:00 p.m. - 6:00 p.m.	FREE to the public	Memorial Park

WALK AND TALK CLUB

Meet up with new and old friends on the CC walking track! Walk away the winter chill. Every weekday morning from 8:00 am - 11:00 am. Stop down at the CC lobby for coffee after your walk.

DATE	DAY	TIME	COST	LOC.
12/1 - 2/28	M-F	8:00 am - 11:00 am	FREE with daily admission	Madison Community Center

TANG SOO DO

Must be at least 7 years old. Tang Soo Do is the parent style to Taekwondo. It balances it's strike between hands and feet, and focuses more on close quarter fighting and self defense. Uniform fee of \$30.00. Promotion ceremony every 3 months

PRG CODE	DATE	AGE	DAYS	FEE	TIME	LOC
TSD	MONTHLY	At least 7 YO	M/TH	\$75	4:30-5:30 pm (M) 5:30-5:30 pm (M) 4:00-5:00 pm (TH)	AS

THE ART OF HEALTHY LIVING

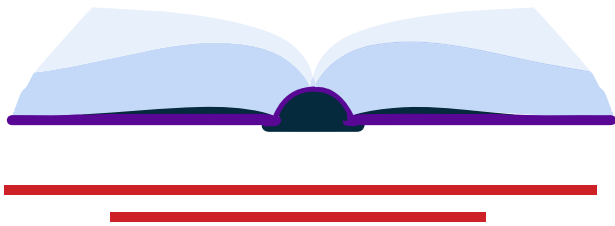
Join, Judy Waldman, Nationally Certified Health and Wellness Coach, in her seminars on lifestyle medicine. Learn how to feel better, get your energy back, reduce or eliminate chronic disease and reduce prescription medications. Judy will be offering a 3-class series split into morning and evening sessions.

Morning Session: Tuesdays @ 9:00 AM
12/12, 1/9, 2/13

Evening Session: Thursdays @ 7:00 PM
12/14, 1/11, 2/15

Madison Community Center
Free with Daily Admission
Questions? Call (605) 256 - 5837

BEFORE & AFTER SCHOOL PROGRAMS



BEFORE SCHOOL PROGRAM

The Community Center Before School program is designed to offer kids a safe and adult-supervised environment filled with social engagement and educational activities. Cold breakfast provided.

6:00 AM - 8:00 AM
Bus service to Madison Elementary and Middle Schools.

Monthly Payments

Member: \$120/month
Non-member: \$140/month

Semester Payments

Fall Member: \$480
Fall Nonmember: \$560
Spring Member: \$600
Spring Nonmember: \$700

Annual Pay in Full

Member: \$1,080
Non-member: \$1,260

[KAYLEE.WINROW@CITYOFMADISONSD.COM](mailto:kaylee.winrow@cityofmadison.com)

[605-427-4403](tel:605-427-4403)

THE AFTER SCHOOL PROGRAM

GRADES JR.K THRU 6TH | 3:15 P.M. - 6:00 P.M.

MEMBERS: \$150.00 PER MONTH | NON-MEMBERS: \$175.00 (PER CHILD)
PAY IN FULL OR PAY MONTHLY!

THE COMMUNITY CENTER AFTER SCHOOL PROGRAM IS DESIGNED TO OFFER KIDS A SAFE AND ADULT-SUPERVISED ENVIRONMENT FILLED WITH PHYSICAL AND EDUCATIONAL ACTIVITIES





MADISON PARKS AND AMENITIES

It is the mission of the Madison Parks, & Recreation Department to create recreational opportunities for growth and enhancement by developing diverse services and programs that endorse citizen involvement and a strong sense of community. The expressed purpose of the MPRD is to maintain and develop facilities, parks, open nature areas, and programs while striving to increase the social, cultural, and physical well-being of its residents and visitors. Although a fee must be charged to help offset the costs incurred, we realize there are situations that make it difficult for some to participate. If this is the case, please make the necessary arrangements for programs by contacting the Recreation Office prior to registration.

PROGRAM POLICIES

If your child drops out of a program or cannot attend for an extended period of time, please let the instructor or Recreation Office know. There may be others on waiting lists that would like to participate.

ALCOHOLIC BEVERAGES

If you are planning a picnic at which you will be serving alcoholic beverages, permits must be approved in advance by the Madison City Commission.

PETS

All pets must be on a leash in park areas, except for Woofland dog park. Pet owners are responsible for cleanup of pet waste.

PUBLIC WORKS AND PARK OFFICE

Madison Public Works
401 South Highland Avenue, Madison, SD 57042 | 605.256-7515

RECREATION OFFICE LOCATED AT:

The Community Center
500 NE 11th Street, Madison, SD 57042 | 605-256-5837

CITY ARMORY

The Madison City Armory is available for rentals by groups and organizations. The fee for renting the facility is \$100 for a half-day and \$200 for a full day. Rentals are scheduled through the Recreation office and are based on a first come, first serve basis. City Recreation programs have priority over individual rentals. For information, call the Parks Office at 605-256-7520.

SKATE PARK

The City of Madison offers a skate park at Westside Park, just west of the Madison Aquatic Center. The park is a "skate at your own risk" park and is open for all skaters. Rules for the skate park are posted and must be followed at all times.

ICE RINKS

Skating rinks will open for the season once temperatures are below freezing. Rinks are available at East Center Park, Totland Park, and Memorial Park.

MADISON PARK ENCLOSED SHELTERS

Thue Shelter, located at Westside Park, Baughman/Belatti Shelter, located at Baughman/Belatti Park, and Memorial Park Shelter, located at Memorial Park are available during the summer months. Reservations are taken on a first-come, first serve basis after January 1st of the year by calling 605.256-7520.

MEMORIAL PARK GAZEBO

Public Gazebo is located at Memorial Park. Gazebo is available on a first come, first serve basis. Reservation is not required.

COMMUNITY GARDEN PLOTS

Garden plots are located at SW 4th Street and Union Ave. Plots are 20' x 25' for \$40 per growing season. Water is available onsite. Call the public works office at 256-7515 to reserve a plot.

BAUGHMAN/BELATTI PARK | 110 NE 1ST STREET

- Baughman/Belatti Park includes picnic shelters, disc golf playground area, soccer fields, sand volleyball courts, basketball courts and baseball/softball diamonds.
- The picnic shelter is available for reservation. Please call 256-7520. Reservations are taken on a first come, first serve basis.

EAST CENTER PARK | 700 BLOCK OF EAST CENTER ST.

- Playground area • Skating rink • Warming house

FLYNN FIELD | SW 8TH STREET AND SOUTH EGAN AVE.

- Baseball diamond • Playground area • Restrooms

LIBRARY PARK | SE 1ST STREET AND HARTH AVENUE

- Toddler Play Area • Gazebo

MEMORIAL PARK | NW 5TH STREET AND EGAN AVE.

- Playground Area • Gazebo • Memorial Park Shelter
- Skating Rink • Warming House • Disc Golf Practice Course

COMMUNITY GARDEN PLOTS | SW 4TH ST. AND UNION AVE.

- 20' x 25' Plots • Water on site

WOOFLAND PARK | NW 7TH STREET AND WEST AVE.

- Dog Park Area

NORTHWEST PARK | NW 9TH STREET AND HIGHLAND AVENUE

- Picnic shelter • Playground area • Restrooms • Disc Golf Course

THUE SOFTBALL DIAMONDS | SOUTH EGAN AVENUE

- Adult softball diamonds • Restrooms

TOTLAND PARK | NE 7TH STREET AND ROOSEVELT AVENUE

- Playground area • Skating Rink

WESTSIDE PARK | NW 1ST STREET AND HIGHLAND AVENUE

Park includes ball diamond, horseshoe courts, picnic areas, swimming pool, basketball court, tennis court, skate board park, Thue Shelter and Beardsley Shelter.

MADISON HS TENNIS COURTS | 800 NE 9TH ST.

- 8 tennis courts open to public use

RECREATION TRAIL

- Flynn Field to Johnson's Point - 4.2 miles
- Hwy. 34 & 19 Intersection to U.S. Fish & Wildlife - .7M
- Trail hours - sunrise to sunset

GERRY MALONEY NATURE AREA | N HARTH AVE., OFF NE 9TH ST.

- Interpretive Gazebo • Walking Trails

THE CITY OF
MADISON



United

BY THE COMMUNITY CENTER



 **DAKOTA STATE**
UNIVERSITY